

St. Thomas Legion Track & Field Club

2024 Outdoor Meet Season

Date	Meet	Venue	City	Events Offered
June 21- 22, 2024	RCL - District A' Championships	Sandwich High School	La Salle, ON	U12, U14, U16, U18
June 27-30, 2024	AC Canadian U20 & Open Championships	Claude Robillard Sports Complex.	Montreal, QC	All Championship events - With standards
July 05, 2024 (Tentative)	Flying Angels Track Meet	York University	North York	All Events - All Categories
July 06, 2024	Ottawa Twilight Meet # 5 - CTFL Finals	Terry Fox Stadium	Ottawa, ON	All Comers meet + Canadian Track & Field League Finals - Seniors Only
July 10, 2024 (Tentative)	Thorold all comers meet	Canada Summer Games Park	Thorold, ON	All Comers meet -
July 12-13, 2024	Ontario Legion Championships	York University	North York	All Championship events - National Qualifier - Qualified athletes only.
July 14, 2024	Puma Hamilton Twilight	Mona Campbell Track at McMaster Uni	Hamilton, ON	100m (round 1), 400m, 100m (2nd round), 200m, 3000m, 1500m, 800m
July 16, 2024	Toronto Track 800m night	University of Toronto	Toronto, ON	800m only.
July 17, 2024	London Western Twilight # 1	Medway H.S.	Arva, ON	80m, 100m, 300m, 400m, 1200m, 1500m, Long Jump, discus
July 19,20, 2024	Ontario U14, U16 Combined event Champ/ships	York University	North York. TO	Tetrathlon, Pentathlon
July 19-21, 2024	Ontario U20, Open Cahmpionships	York University	North York. TO	All Championship Events
July 26-28, 2024	Ontario U14, U16, U18 Championships	York University	North York. TO	All Championship Events
July 26-28, 2024	Ontario U20 - Open Combined Event Champ/ships	York University	North York. TO	Heptathlon, Decathlon
July 30, 2024 (Tentative)	North York Twilight # 5	York University	North York. TO	100m, 300m, 400m, 800m, 300mH, 400mH, HJ, PV, LJ, TJ.SP, HT
July 31, 2024	London Western Twilight # 2	Medway H.S.	Arva, ON	150m, 200m, 800m, 2000m, Triple Jump, Discus
August 1-11, 2024	2024 Olympic Games	Stade de France	Paris, France	All Championship Events
August 2-3, 2024	Ontario Summer Games	Western Alumni Stadium -	London, ON	U14 - U16 Pre-selected teams
August 5, 2024	Hamilton Ten Toe'n Last Chance Twilight	Mona Campbell Track at McMaster Uni	Hamilton, ON	100m (round 1), 400m, 100m (2nd round), 200m, 3000m, 1500m, 800m, 5000m,
August 6, 2024	University Toronto Twilight # 2	University of Toronto	Toronto, ON	100m, 200m, 400m, 800m, 1500m, 2000m SC, Sprint Hurdles, LJ, TJ, HJ
August 9-11, 2024	Legion National Youth T&F Championships	Foothills Athletic Park	Calgary, AB	All Championship Events
August 17, 2024	Ontario Rising Stars Festival	TBA	TBA	80m, 150m, 300m, 600m, 1000m, 80mH, 800mRW, HJ, SLJ, LJ, BT, SP
Austust 26-31, 2024	World U20 Championshoips	National Stadium of Peru	Lima, Peru	All Championship Events

High School Meets	
All Comers / Prep Meets	Prep Meets - All Comers - Mini meets
District / Ontario / Canadian	Legion Championships
High performance Meets	High Performance Meets #2, #3, #4
Provincial Championships	AO Provincial Championships
National Championships	AC Canadian Championships
International Championships	International Meets / Championships / Games

