

St. Thomas Legion T&F Club News

As we all know this year has been a rough one for everyone, but despite the year of on and off training and limited competitions, we have some exciting news about our graduating athletes. We have a large group of STL's athletes that will be moving on to the next phase of both their educational and athletic endeavours as they continue their post secondary education in various institutions and Universities.

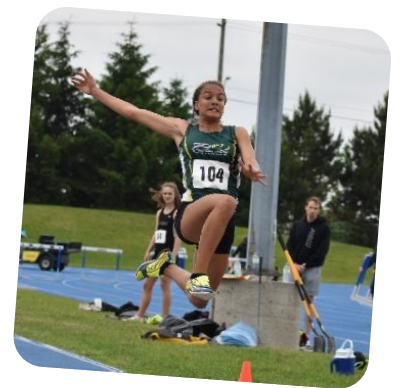
Over the past few months STL's athletes have been busy securing their directions for next September. Although they are appropriately focused on their academics and finding a well-suited program, as track & field athletes, there have been some excellent opportunities for our athletes to consider scholarship offers and bursaries.

Six of our athletes have currently received and accepted their offers to various universities in Canada and the US.

The first athlete who enrolled to the university of his choice was **Bailey Couch**. Bailey's journey started this past September as he flew off the California to begin his studies at **Westcliff University**. Bailey graduated from **College Avenue SS**, Woodstock, ON in June 2020 and was recruited to Westcliff on a full scholarship. He is currently studying Business and has continued his training for the Decathlon.

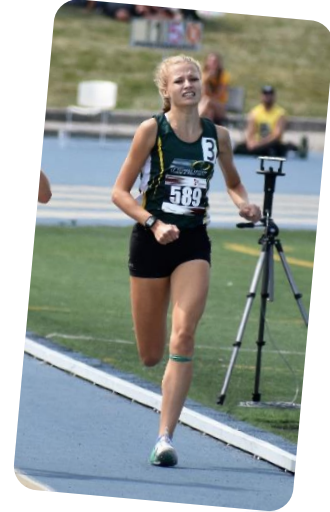


Tayah DeSousa also received a scholarship to a California institution, signing with **Long Beach University** to study Criminal Justice. She is graduating this year from **Central Elgin SS** in St. Thomas, ON and will be heading to California in September. She plans to continue training and competing in Sprint Hurdles, Long Jump and possibly Heptathlon.

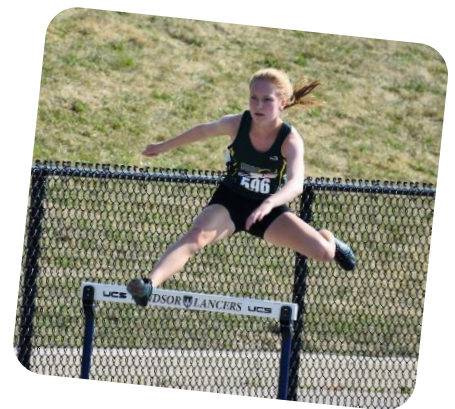
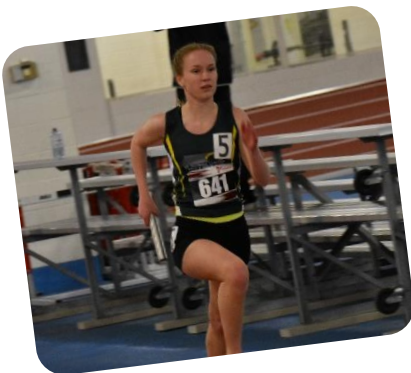


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Hallee Knelsen chose to stay closer to home, receiving an athletic scholarship from **Western University** in London, ON. Hallee has enrolled into their Health Sciences program. She will be graduating this spring from **East Elgin SS** in Aylmer, ON. As a Mustang, Hallee will be competing in the (600m,) 1000m and 1500m.



Kyra Vellinga has chosen **Carlton University** in Ottawa, ON where she will be studying Journalism, and later Political Sciences. Kyra graduates this spring from **Chatham Christian HS** in Chatham, ON. Carlton University was the best choice for Kyra based on the direction of her studies and the programs offered. Unfortunately, Carlton does not have a Track and Field program at this time, so STL (and possibly local clubs) will support her however we can, to keep her conditioned and ready for summer competition.



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AJ Stanat is graduating from **Parkside Collegiate Institute** in St. Thomas, ON. He will be enrolling in Kinesiology with an athletic scholarship at **Windsor University**. AJ will become a Windsor Lancer for the academic year as a Thrower in Shot Put and Weight throw.



Michael Roth is also graduating this Spring from **Parkside Collegiate Institute** in St. Thomas. Michael will be joining AJ at **Windsor University** with an athletic scholarship, and will become a Windsor Lancer as well, joining their sprints group. He plans to study Criminology while at Windsor and compete in the 60m, 300m, and sprint relays.



Congratulations to each of these athletes for their academic and athletic achievements. We wish them all the best as they undertake a new set of challenges and opportunities on their 'runway' to success.