



FLORIDA SPRING TRAINING CAMP MARCH 2024



Organized by: *St. Thomas Legion TFC*

Departure: Friday, March 8th, 2024 – 10am & Noon.

Arrival Home: Sunday, March 17th, approximately early evening.

Training: Morning practices every day, afternoon practices every other day

Training Facility: National Training Center
Clermont, FL
www.usantc.com

Accommodations: Florida Vacation Homes:
Windsor at Westside Resort

Transportation: Ayr Coach Lines, 54 passenger coach.
Overnight stay on route, there and back.

Side Trips: Shopping (Orlando Premium Outlets)
Trip to the beach (tentative).

Cost: \$1050.00: first deposit \$500.00 – dated November 30, 2023
Final payment \$550.00 – dated January 31, 2024
*Both cheques must accompany registration form

(Spots available on a first come-first serve basis)

Fee includes: Transportation, accommodation, training fees & facility rental, coaching
(not included – meals/groceries, side trips/social activities)

Contact: To register or for more information contact Harry Stantsos at:
519-649-4329, hstantsos@sympatico.ca
or visit our website at www.stl-trackandfield.ca



NOTE: Everyone must have a valid passport to cross the US border.